



Nut Free School



Can we please remind parents and carers that we are a nut free school.

Individuals who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction that can occur in seconds upon exposure. If someone has a nut allergy, it is not just eating nuts that can cause a severe reaction, simply being touched on the skin, entering a room where nuts have been consumed or smelling the breath of someone who has had nuts, can trigger anaphylactic shock.

As a result, Stoneygate Nursery School is a nut free school and as such, we ask that you help us to protect these individuals by ensuring that no nut products are packed in your child's lunch box or sent into school as a treat, e.g. birthday/special celebration cake. Some examples of products that do/may contain nuts are:

- Peanut butter sandwiches
- Chocolate spreads
- Cereal/Granola/flap jack bar
- Cakes
- Biscuits / Cookies
- Some Asian food, including satay
- Condiments/Sauces

This list is not exhaustive, so please check the packaging of products closely.

We do appreciate that this is an additional thing for you to have to check, however we hope that you recognise the importance of this. For parents of those children with allergies in school, whilst we can not guarantee there will not be nuts brought into school, we will continue to monitor and educate our children and parents.

Thank you in advance for your co-operation in helping us keep our nursery school safe.

The Stoneygate Team

If you have any queries or concerns regarding this, please contact
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